



CHOP CHOP

THE FUN COOKING MAGAZINE FOR FAMILIES PRESENTS

Berry Spritzer

EQUIPMENT

Measuring cups
Fork or potato masher or blender
Knife

INGREDIENTS

1 cup berries (any kind you like), fresh or frozen
4 cups plain seltzer
4 lemon slices

INSTRUCTIONS

Wash your hands with soap and water, then gather all your equipment and ingredients and put them on a counter.

1. Put the berries in a bowl and using your fork or a potato masher, break them up until they are very liquid-y and no whole pieces are still there. Or, if you have a blender, put them in the blender and blend.
2. Divide the berries between 4 glasses and top each with 1 cup seltzer. Add a lemon slice if you want to be fancy.

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